

*Dr. Zulekha Daud*

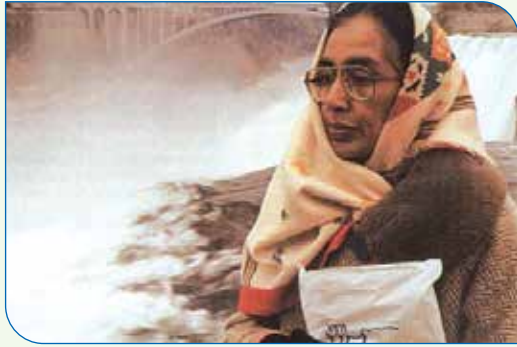




### **Dr. Zulekha Daud**

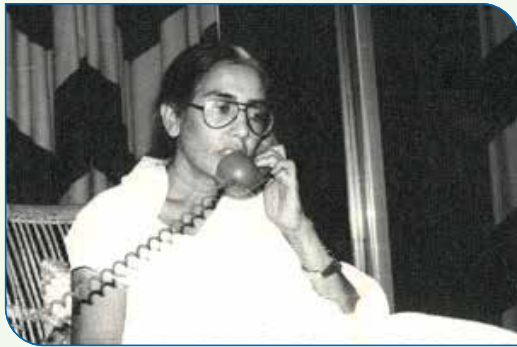
Founder and Chairperson of Zulekha Healthcare Group, UAE  
Alexis Hospital, India and Zulekha Colleges, India

Dr. Zulekha Daud is the first recognised Indian woman medical professional and senior-most lady entrepreneur in UAE who has worked tirelessly towards the welfare of Emiratis and expats when healthcare access was very limited in the 1960's. In the past 5 decades, she has revolutionised the healthcare landscape and inspired others to follow suit. Today, Zulekha Healthcare Group boasts of super-speciality hospitals, medical centres, educational institutes and pharmacies in UAE & India.



### 1964 - The Magic of the Caring Touch Began...

Dr. Zulekha Daud received her medical degree from the Government Medical College in Nagpur. Her parents were her role models; constantly encouraging her to take up challenges. She reached UAE in 1964; when there was a dearth of female doctors in the region, to work in the Kuwaiti Mission Hospital located in Sharjah.



### 1965 - Dr. Zulekha's Clinic in Sharjah

From a young medical graduate to a practicing physician serving patients from all walks of life, Dr. Zulekha soon became a household name. She continued her compassionate service from a small clinic in Sharjah with limited amenities. However, she was able to capture the hearts of the UAE nationals and expatriates with her dedicated service and became known as Mama Zulekha.



### 1992 - Zulekha Hospital in Sharjah

After years of dedicated service, Zulekha Hospital was established in Sharjah in 1992. It started off as a 30-bed hospital with basic facilities for Gynaecology, Obstetrics, Surgery, Family Medicine and Paediatrics.



### 2004 - Zulekha Hospital in Dubai

This year saw the establishment of Zulekha Healthcare Group (ZHCG) through a second hospital in Dubai and three medical centers in addition to pharmacies. The hospital in Dubai had 79 beds which offer both inpatient and outpatient care covering a wide range of medical and surgical specialties.



### 2012 - Zulekha Hospital in Sharjah: New Award Winning Building

Zulekha Hospital, Sharjah expanded with a new building offering multi-disciplinary medical care and diagnostic center with outpatient and inpatient facilities. The 12 floor facility boasts of 185 inpatient beds, sprawled over an area of 290,000 sq ft and was Awarded Most Sustainable Hospital in ME. The Group became the first in UAE to have both hospitals accredited twice by Joint Commission International for high-quality care.



### 2017 - Zulekha Hospital's Silver Jubilee Celebration

Success belongs to those who dedicate everything to their passion. The story of Zulekha Hospital is also the story of a team of passionate individuals led by Dr. Zulekha Daud and their relentless commitment to provide care to thousands of patients. Zulekha Hospital celebrated its 25 years of compassionate care in 2017.



### 2017 - Expansion of Zulekha Hospital, Dubai

Following the completion of the Zulekha Hospital Dubai expansion, the hospital will have an additional 60 inpatient beds, operation theatre arrangements, emergency services and labour rooms, taking its total capacity to 179 beds in 2018.

Apart from a comprehensive Oncology Care unit with radiation therapy bunkers to surgical theatres, the building will provide for additional Cath labs as well. Sub-specialties providing services with respect to Pediatric Nephrology and Pediatric Cardiology will be available alongside Histopathology, Fetal Medicine and Neurosurgery that will be established in the extended facility. A Trauma Care Unit, IVF Clinic and Diabetic Clinic are also being included in the facility.





## CHAPTER: INDIA

### Educational and Vocational Training for Women

Dr. Zulekha Daud always believed in empowerment of women and under-privileged students through education. With this belief, she started in 2008 ZED Vocational Training & General Shikshan Sanstha (ZEDVTGSS), in Nagpur, India - a locality considered as backward with poor quality educational institutions. ZED is a Minority Commission recognized institution imparting courses in Education, Science, Commerce and Technology streams.

The single minded mission of ZED is to provide quality education with focus on all-round development supported by state-of-the-art infrastructure at nominal costs. Management Scholarships are provided to the needy and deserving students to ensure they are not deprived of high quality education. The college strives to not just provide main stream education but also train women on vocational skills like computer application, teaching courses, home science skills, etc.



### 2010 - Zulekha College in Nagpur

Dr. Zulekha Daud engineered the cause of bringing affordable education and professional courses for the downtrodden and deserving students in and around Nagpur by setting up the following colleges - Zulekha College of Commerce, Science & Technology, Zulekha College of Education and Zulekha Post Graduate College of Education. These colleges have over 5000 students for variety of professional curriculum such as Polytechnic, BBA, BCCA, B.Com, B.Ed and M.Ed.



### 2013 - 'Clean Drinking Water' Project in Nagpur

Zulekha College adopted non-functional schools in the neighbourhood in a bid to revive them as knowledge centers and also initiated the 'Clean Drinking Water' project with Metito. The adopted schools are Millat Urdu Upper Primary & High School (student strength - 750), Public Urdu Upper Primary School (student strength - 375), Shums Girls High School and Mehmooda Junior College (student strength - 385) and Ravindranath Tagore Education Societies Convent (student strength - 47).



**Ms. Zanutia Shams** (Co-Chairperson, Zulekha Hospital),  
**Mr. Jin-Yong Cai** (CEO & Executive VP-IFC) and  
**Mr. Taher Shams** (Managing Director, Zulekha Hospital)

## 2016 - Inauguration of Alexis Multispecialty Hospital in Nagpur

Still young at heart, Dr. Zulekha Daud realised her parents' dream by setting up an ultra-modern hospital in her hometown Nagpur under the name of Alexis Multispecialty Hospital. Prestigiously funded by IFC, Alexis Hospital is the first multispecialty facility to offer the most advanced cancer care treatment to the entire central India. This hospital will be only the third healthcare brand in the country to feature Varian True Beam Linear Accelerator for advanced cancer treatment.

The hospital features well-equipped Physiotherapy, spacious Rehabilitation Facilities, Endoscopy suite, 60-bed Critical Care services, 17-bed MICU, 11-bed NICU, 32-bed SICU, 5 major Operation Theaters with 1 minor Operation Theater, 7 Dialysis units and 2 Birthing boutiques.

Alexis Multispecialty Hospital is proud to have received NABH Accreditation this year (2018), the highest national recognition and a mark of quality patient care and safety from the National Accreditation Board for Hospitals & Healthcare Providers (NABH).

For her notable work, Dr. Zulekha Daud has been felicitated with several prestigious laurels in the region. She was bestowed 'The Most Influential Indian Woman in Middle East' by the Arabian Business Magazine. Dr. Daud is also listed by Forbes magazine amongst the Top Indian Leaders in the Middle East.

Dr. Zulekha Daud is a doyen of care and compassion known for her consistent commitment to bring the best for society through quality healthcare. She is one of the most respectable personality among top leaders in UAE and India.



Dr. Zulekha Daud received India's top most honour for overseas Indians - the 'Pravasi Bhartiya Samman' award. The award is conferred upon individuals who have made significant contributions to philanthropic and charitable work and for prominence in one's field which has enhanced India's prestige in the country of residence. The award was presented to Dr. Daud by the Honourable President of India, Ram Nath Kovind on January 23, 2019 at a ceremony held at Lalpur in Varanasi, India.



Dr. Zulekha Daud was honoured by His Highness Shaikh Abdullah Bin Zayed Al Nahyan, Minister of Foreign Affairs and International Cooperation for her five decades of valuable contributions to the healthcare sector in the UAE and her tireless efforts to boost welfare levels for UAE citizens and residents. Dr. Daud is the only Indian persona chosen to receive this honour from The Office of His Highness.



Dr. Zulekha Daud was honoured with the Lifetime Achievement Award at the Republic TV Gulf Indian Leadership Summit and Awards 2018 for her immense humanitarian work. The award was presented by Shri Rajyavardhan Rathore, Indian Minister of State for Youth Affairs & Sports and Minister of State for Information & Broadcasting and Mr. Arnab Goswami, Editor in Chief, Republic TV.



Dr. Zulekha Daud joins the Indian Independence Day celebrations with Shri. Vipul, Consul General of India in Dubai, and Mr. Navdeep Suri, Indian Ambassador to the UAE in August 2017.





Dr. Zulekha Daud greets Indian Prime Minister His Excellency Shri Narendra Modi on his maiden visit to UAE at the reception hosted by Consulate of India.



Dr Zulekha Daud receives the Dubai Quality Award for 2014 by His Highness Sheikh Mohammed Bin Rashid Al Maktoum, UAE Vice President and Prime Minister and Ruler of Dubai.



Dr. Zulekha Daud at the special Iftar gathering hosted by His Highness Sheikh Mohammed bin Zayed Al Nahyan, Crown Prince of Abu Dhabi and Deputy Supreme Commander of the Armed Forces.



Dr. Zulekha Daud meets His Highness Sheikh Hamdan Bin Mohammed Bin Rashid Al Maktoum, the Crown Prince of Dubai who appreciated community services for the people of UAE by Dr. Zulekha at the event on 'Dubai Smarter, Dubai Healthier' programme.



Mr. Arun Jaitley, Minister of Finance, Corporate Affairs and Information & Broadcasting, Government of India, met Dr. Zulekha Daud. One of the highlights of the meeting was a discussion on Zulekha Healthcare Group's project plans and development progress of Alexis Hospital in Nagpur, India.





Zulekha Hospital, Sharjah was officially recognised for advanced healthcare for mothers and babies by Sharjah Baby-Friendly City Campaign (SBFC) in the presence of His Highness Sheikh Dr. Sultan Bin Muhammad Al Qasimi, Member of the Supreme Council and Ruler of Sharjah.



His Excellency Sheikh Nahyan Bin Mubarak Al Nahyan, Minister of Culture, Youth and Community Development, UAE received Dr. Zulekha Daud. One of the highlights of the meeting was a discussion on community development initiatives and forward plans to work as a team and continue to serve the community.



Zulekha Hospital collaborates with Metito International to provide clean drinking water to school children in Nagpur, India.



Dr. Zulekha Daud meets Her Excellency Sheikha Lubna Bint Khalid Al Qasimi, Minister of State for Tolerance, during an Iftar reception at Al Bateen Palace, Abu Dhabi.



Dr. Zulekha Daud is welcomed by Her Excellency Sheikhha Bodour Bint Sultan Bin Muhammad Al Qasimi, Vice President of the Sharjah Ladies Club and President of The Sharjah Baby Friendly Society during the ceremony of Sharjah Baby Friendly City campaign.

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Dr. Zulekha Daud and Mr. Taher Shams is welcomed by His Excellency Late Expert Major-General Khamis Mattar Al Mazeina, Commander-in-chief of Dubai Police.

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Dr. Zulekha Daud meets His Excellency Prof. Maha Taysir Barakat, Director General of the Health Authority, Abu Dhabi and discussed the recent healthcare developments in the country.

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Forbes Middle East honours and features Dr. Zulekha Daud among the Top Indian Business Leaders in the Arab World every year. Eminent Indian leaders shaping the success of the region and contributing to its future were recognized for their vision, ingenuity and formidable leadership.

Dr. Zulekha Daud firmly believes in societal development and affirms, “Community service means giving back to the culture and people that surround you. It means supporting the immediate community on a local scale.” She has been actively associated with many NGOs like Dar Al Ber Society, Biet Al Khair Society, Sharjah Charity International and Patients Friends Committee. Under her patronage, the group have conducted several CSR drives notably Breast Cancer, Cervical Cancer, Kidney and Arthritis awareness in the region.



**SCREEN & SURVIVE**  
CRC SCREENING WORKS!

## Colorectal Cancer Awareness Campaign

Colorectal Cancer is the second most common cancer diagnosed in the UAE. The ‘Screen & Survive’ campaign is intended to spread awareness of the importance of early screening in detection and effective treatment of Colorectal Cancer. As part of the campaign, patients availed FREE consultation with General Surgeon & Gastroenterologist, complimentary FOBT and special discounts on CT Virtual Colonoscopy and other Lab & Radiology services.





## Cervical Cancer Awareness Campaign

Cervical Cancer is one of the leading causes of death among women in the UAE. The 'Chance to Change' campaign is intended to spread awareness on the importance of early screening and HPV vaccination against Cervical Cancer. As part of the campaign, patients availed FREE consultation with Gynaecologist and complimentary LBC (PAP) Test.



## Breast Cancer Awareness Campaign

Breast Cancer is the most common cancer diagnosed in women worldwide. The 'Pink It Now' campaign is intended to spread awareness on the importance of breast self-examination and regular mammograms to detect cancer at an early stage. As part of the campaign, patients availed FREE consultation with specialist along with complimentary X-Ray Mammogram and U/S Mammogram at a discounted price.





## *Founder's Message*

I take this opportunity to thank you for spending some of your precious moments to read about me, my life and my humble contributions to society and mankind in general. I consider myself fortunate to get this chance to be of service to humanity because I know that in our hearts we all would love to leave this planet a better place than how it was before us.

Zulekha Hospital, Dubai



New Building Zulekha Hospital, Dubai



Zulekha Hospital, Sharjah



Alexis Hospital, Nagpur, India

